

# Handle decompositions

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## h-Cobordism Theorem

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## s-Cobordism Theorem

There is a more general statement for  $M_0$  connected with possibly nontrivial fundamental group  $\pi$  such that  $h$ -cobordisms over  $M_0$  are described by the so called Whitehead group  $Wh(\pi)$ .

- Handle Decomposition
- CW-Structures
- Reducing Handle Decomposition

## Definition

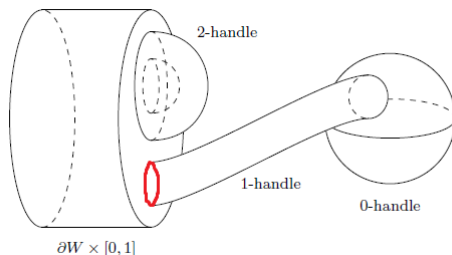
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- Let  $M$  be a manifold of dimension  $n$  with boundary and  $\phi^q: S^{q-1} \times D^{n-q} \rightarrow \partial M$  an embedding. The manifold obtained from  $M$  by attaching a handle of index  $q$  by  $\phi^q$  is given by the pushout  $M \cup_{\phi^q} D^q \times D^{n-q}$ . We denote it by  $M + (\phi^q)$ .

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# Handlebody Decomposition

In the following,  $W$  is a compact manifold of dimension  $n$  with boundary  $\partial W = \partial_0 W \sqcup \partial_1 W$ .

## Construction

Consider  $W_0 = \partial_0 W \times [0, 1]$  and an embedding  $\phi^q: S^{q-1} \times D^{n-q} \rightarrow \partial_1 W_0$ . Denote  $W_1 = W_0 + (\phi^q)$ . Iterating this process

$$W_r = W_0 + (\phi^{q_1}) + \cdots + (\phi_r^q)$$

with boundary  $\partial W_r = \partial_0 W \sqcup \partial_1 W_r$ . We say this is a handle decomposition of  $W_r$  relative to  $\partial_0 W$ .



# Handlebody Decomposition

From Morse theory

## Lemma

$W$  admits a handlebody decomposition relative to  $\partial_0 W$ .

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where  $=$  means diffeomorphic relative to  $\partial_0 W$ .

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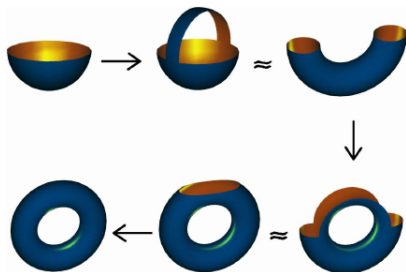
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# Handle Manipulation

## Strategy

We want to decide if  $W$  is a trivial cobordism, i.e., we ask whether we can get rid of the handles without changing the diffeomorphism type of  $W$  relative to  $\partial_0 W$ .

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## Summary

- Attaching handles via isotopic embeddings  $\phi^q$  and  $\psi^q$  gives  $W + (\phi^1) = W + (\psi^q)$ .
- If  $W = W'$  and  $\phi^q$  defines a handle on  $\partial_1 W$ , then  $W + (\phi^q) = W' + (\bar{\phi}^q)$  for some embedding  $\bar{\phi}^q$  on  $\partial_1 W'$ .
- Handles can be ordered by increasing index.

# Handle Manipulation

## Lemma

Let  $\phi^q, \psi^q: S^{q-1} \times D^{n-q} \rightarrow \partial_1 W$  be isotopic embeddings, then  $W + (\phi^q) = W + (\psi^q)$ .

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## Proof.

Let  $i$  be an isotopy from  $\phi^q$  to  $\psi^q$ . There exists a diffeotopy  $H: W \times [0, 1]$  which is stationary on  $\partial_0 W$  and such that  $i = H \circ \phi^q \times Id_{[0,1]}$ . Then  $H_1$  is a diffeomorphism relative  $\partial_0 W$  taking  $\phi^q$  to  $\psi^q$ , so it extends to a diffeomorphism  $W + (\phi^q) \rightarrow W + (\psi^q)$ . □

# Handle Manipulation

## Lemma

Let  $W$  and  $W'$  as in our assumption with boundary  $\partial_0 W \sqcup \partial_1 W$  and  $\partial_0 W' \sqcup \partial_1 W'$ , resp. Let  $F: W \rightarrow W'$  be a diffeomorphism restricting to a diffeomorphism  $f_0: \partial_0 W \rightarrow \partial_0 W'$  and an embedding  $\phi^q: S^{q-1} \times D^{n-q} \rightarrow \partial_1 W$ . Then there exists an embedding  $\bar{\phi}^q: S^{q-1} \times D^{n-q} \rightarrow \partial_1 W'$  and a diffeomorphism  $F': W + (\phi^q) \rightarrow W' + (\bar{\phi}^q)$  extending  $F$ .

## Proof.

Pick  $\bar{\phi}^q = F \circ \phi^q$  and  $F'$  the map induced by  $F$ . □

# Handle Manipulation

## Lemma

Let  $V = W + (\psi^r) + (\phi^q)$  with  $q \leq r$ . Then  $V$  is diffeomorphic relative  $\partial_0 W$  to  $W + (\bar{\phi}^q) + (\psi^r)$  for an embedding  $\bar{\phi}^q$ .



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## Proof.

By the first lemma, it suffices to show  $\phi^q$  is isotopic to an embedding  $\bar{\phi}^q$  which doesn't meet the handle  $\psi^r$

$$W + (\psi^r) + (\phi^q) = W + (\psi^r) + (\bar{\phi}^q) = W + (\bar{\phi}^q) + (\psi^r).$$

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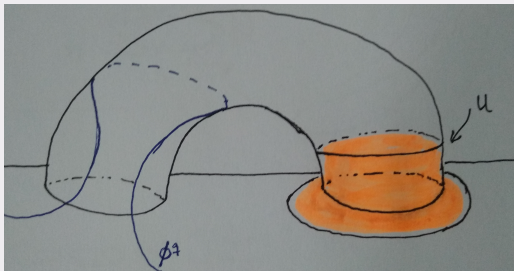
- Since

$\dim S^{q-1} \times \{0\} + \dim\{0\} \times S^{n-r-1} = (q-1) + (n-r-1) < n-1$ ,  
there is an isotopy of  $\phi^q$  to an embedding whose restriction to  $S^{q-1} \times \{0\}$  doesn't meet the transverse sphere of  $(\psi^r)$ .



## Proof.

- Since  $D^{n-q}$  is contractible, there is a closed neighbourhood  $U \subset \partial_1(W + (\psi^r))$  and an isotopy from  $\phi^q$  to an embedding which does not meet  $U$ .
- Take a diffeotopy on  $\partial_1(W + (\psi^r))$  taking all points in  $\partial(\psi^r) \setminus U$  outside of the handle  $(\psi^r)$ . This determines  $\bar{\phi}^q$ .



# Handle Cancellation

## Remark

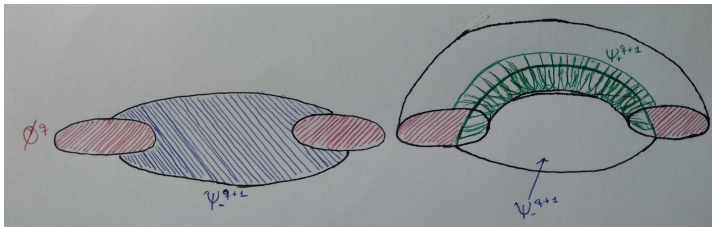
Under certain circumstances, given a handle  $(\phi^q)$  on  $W$  we can attach a second handle  $\psi^{q+1}$  such that  $W + (\phi^q) + (\psi^{q+1}) = W$ .

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Under certain circumstances, given a handle  $(\phi^q)$  on  $W$  we can attach a second handle  $\psi^{q+1}$  such that  $W + (\phi^q) + (\psi^{q+1}) = W$ .

- Pick embedding  $\mu: S^{q-1} \times D^{n-q} \cup_{S^{q-1} \times S_+^{n-q-1}} D^q \times S_+^{n-q-1} \rightarrow \partial_1 W$ .
- Let  $\phi^q$  be its restriction to the first factor.
- Let  $\psi_-^{q+1}$  be the restriction of  $\mu$  to the second factor and  $\psi_+^{q+1}: S_+^q \times S_+^{n-q-1} \rightarrow \partial(\phi^q) \subset \partial_1(W + (\phi^q))$  restriction of the characteristic map of  $\phi^q$ . Glue both to the desired  $\psi^{q+1}$ .



## Lemma

Let  $\phi^q: S^{q-1} \times D^{n-q} \rightarrow \partial_1 W$  and  $\psi^{q+1}: S^q \times D^{n-q-1} \rightarrow \partial_1 (W + (\phi^q))$  be embeddings such that  $\psi^{q+1}(S^q \times \{0\})$  meets the transverse sphere of  $(\phi^q)$  transversely at exactly one point. Then  $W = W + (\phi^q) + (\psi^{q+1})$ .

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## Proof.

Similarly to last lemma, pick  $U \subset \partial(\phi^q)$  neighbourhood of the transverse sphere of  $(\phi^q)$  and a diffeotopy on  $\partial_1 (W + (\phi^q))$  taking any point in  $\partial(\phi^q) \setminus U$  outside the handle  $(\phi^q)$ .

Now we are in the situation of the previous example, for which the claim holds. □

## Definition

An embedding  $S^q \times D^{n-q} \rightarrow M$  into an  $n$ -dimensional manifold is called trivial if it factors through  $D^n$ .



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Let  $\phi^q: S^{q-1} \times D^{n-q} \rightarrow \partial_1 W$  be a trivial embedding. Then there is an embedding  $\phi^{q+1}: S^q \times D^{n-q-1} \rightarrow \partial_1 (W + (\phi^q))$  such that  $W = W + (\phi^q) + (\phi^{q+1})$ .

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## Remark

The Euler characteristic  $\chi(W)$  is  $\sum_{q \geq 0} (-1)^q p_q$  where  $p_q$  is the number of handles of  $W$  of index  $q$ , so one cannot get rid of a single handle.

## Notation

Let  $W = \partial_0 W \times [0, 1] + \sum_{i=1}^{p_0} (\phi_i^0) + \sum_{i=1}^{p_1} (\phi_i^1) + \cdots + \sum_{i=1}^{p_n} (\phi_i^n)$  We denote:

- $W_q = \partial_0 W \times [0, 1] + \sum_{i=1}^{p_0} (\phi_i^0) + \sum_{i=1}^{p_1} (\phi_i^1) + \cdots + \sum_{i=1}^{p_q} (\phi_i^q)$ .
- $\partial_1 W_q = \partial W_q \setminus (\partial_0 W \times \{0\})$ .
- $\partial_1^0 W_q = \partial_1 W_q \cap \partial_1 W_{q+1}$

# Elimination Lemma

## Lemma

Let  $1 \leq q \leq n - 3$  such that

$$W = \partial_0 W \times [0, 1] + \sum_{i=1}^{p_q} (\phi_i^q) + \sum_{i=1}^{p_{q+1}} (\phi_i^{q+1}) + \cdots + \sum_{i=1}^{p_n} (\phi_i^n).$$

Suppose there is  $i_0$  with  $1 \leq i_0 \leq p_q$  and an embedding

$\psi^{q+1}: S^q \times D^{n-q-1} \rightarrow \partial_1^0 W_q$  satisfying:

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- 2  $\psi^{q+1}|_{S^q \times \{0\}}$  is isotopic in  $\partial_1 W_{q+1}$  to a trivial embedding  $\psi_2^{q+1}: S^q \times \{0\} \rightarrow \partial_1^0 W_{q+1}$ .

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Then  $W = \partial_0 W \times [0, 1] + \sum_{i \neq i_0} (\phi_i^q) + \sum_{i=1}^{p_{q+1}} (\bar{\phi}_i^{q+1}) + (\psi^{q+2}) + \sum_{i=1}^{p_{q+2}} (\bar{\phi}_i^{q+2}) \cdots + \sum_{i=1}^{p_n} (\bar{\phi}_i^n)$

# Elimination Lemma

Proof.

The embeddings  $\psi_1^{q+1}$  and  $\psi_2^{q+1}$  can be extended to handle defining embeddings  $\psi_1^{q+1}: S^q \times D^{n-q-1} \rightarrow \partial_1 W_q$  and  $\psi_2^{q+1}: S^q \times D^{n-q-1} \rightarrow \partial_1^0 W_{q+1}$  such that



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- $\psi_1^{q+1}$  is isotopic to  $\psi^{q+1}$  in  $\partial_1 W_q$  and  $\psi_2^{q+1}$  is isotopic to  $\psi^{q+1}$  in  $\partial_1 W_{q+1}$
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Then the Elimination Lemma follows by suitably applying the previous lemmas. □

# Cellular chain complex

Let  $(X, A)$  be a relative CW-complex with  $X$  connected, fundamental group  $\pi$  and filtration  $A \subset X_0 \subset X_1 \subset \cdots \subset X$ . Consider  $p: \tilde{X} \rightarrow X$  universal covering of  $X$  and write  $\tilde{A} = p^{-1}(A)$  and  $\tilde{X}_q = p^{-1}(X_q)$ . Then we have

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- $(\tilde{X}, \tilde{A})$  has CW-structure given by  $\tilde{A} \subset \tilde{X}_0 \subset \dots \subset \tilde{X}$
- Cellular  $\mathbb{Z}\pi$ -chain complex  $H_q(\tilde{X}_q, \tilde{X}_{q-1})$  with  $\pi$  action via deck transformations with differential

$$H_q(\tilde{X}_q, \tilde{X}_{q-1}) \xrightarrow{\partial_q} H_{q-1}(\tilde{X}_{q-1}) \xrightarrow{i_*} H_{q-1}(\tilde{X}_{q-1}, \tilde{X}_{q-2})$$

# Cellular chain complex

- Construction of  $\mathbb{Z}\pi$ -basis of  $C_q(\tilde{X}, \tilde{A})$ :

For each  $i \in I_q$   $q$ -cell in  $X$  given by characteristic map  $(\Phi_i^q, \phi_1^q)$  pick a lift

$(\tilde{\Phi}_i^q, \tilde{\phi}_1^q) : (D^q, S^{q-1}) \rightarrow (\tilde{X}_q, \tilde{X}_{q-1})$  and a

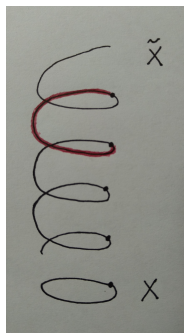
generator of  $H_q(D^q, S^{q-1}) \cong \mathbb{Z}$ . Write  $b_i$  for its

image by  $(\tilde{\Phi}_i^q, \tilde{\phi}_1^q)$  in  $H_q(\tilde{X}_q, \tilde{X}_{q-1})$ . This defines

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- To make this independent of choices, we say  $\{\alpha_j | j \in I_q\}$  and  $\{\beta_k | k \in I_q\}$  two such basis are equivalent if there is a bijection  $\phi : I_q \rightarrow I_q$  and elements  $\varepsilon_i \in \{\pm 1\}$  and  $\gamma_i \in \pi$  for  $i \in I_q$  such that  $\varepsilon_i \gamma_i \alpha_i = \beta_{\phi(i)}$ .



## Goal

Let  $(W, \partial_0 W)$  as before. We want to find an  $n$ -dimensional  $CW$ -complex  $(X, \partial_0 W)$  and a homotopy equivalence  $(f, Id) : (W, \partial_0 W) \xrightarrow{\cong} (X, \partial_0 W)$ .



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Construct inductively spaces  $X_{-1} = \partial_0 W \subset X_0 \subset \dots \subset X_n = X$  and homotopy equivalences  $f_q : W_q \rightarrow X_q$  such that  $f_q|_{W_{q-1}} = f_{q-1}$  as follows:

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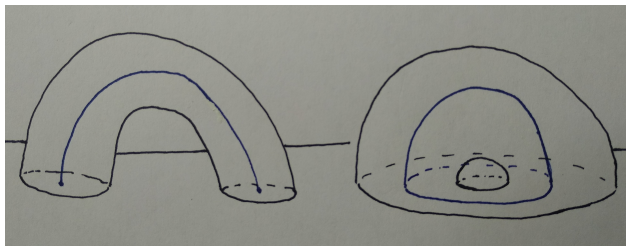
- For  $q = -1$  let  $f_{-1} : W_{-1} = \partial_0 W \times [0, 1] \rightarrow X_{-1} = \partial_0 W$  the projection.

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Let  $(W, \partial_0 W)$  as before. We want to find an  $n$ -dimensional CW-complex  $(X, \partial_0 W)$  and a homotopy equivalence  $(f, Id) : (W, \partial_0 W) \xrightarrow{\cong} (X, \partial_0 W)$ .

Construct inductively spaces  $X_{-1} = \partial_0 W \subset X_0 \subset \dots \subset X_n = X$  and homotopy equivalences  $f_q : W_q \rightarrow X_q$  such that  $f_q|_{W_{q-1}} = f_{q-1}$  as follows:

- For  $q = -1$  let  $f_{-1} : W_{-1} = \partial_0 W \times [0, 1] \rightarrow X_{-1} = \partial_0 W$  the projection.
- Assume we have constructed  $X_{q-1}$  and  $f_{q-1}$ . For each handle  $(\phi_i^q)$  of  $W$  of index  $q$ , attach a  $q$ -cell to  $X_{q-1}$  by  $f_{q-1} \circ \phi_i^q|_{S^{q-1} \times \{0\}}$ .



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Let  $p: \widetilde{W} \rightarrow W$  universal covering of  $W$  and  $\pi$  its fundamental group and write  $\widetilde{W}_q = p^{-1}(W_q)$ . The handlebody  $\mathbb{Z}\pi$ -chain complex  $C_* (\widetilde{W}, \partial_0 \widetilde{W})$  is given in degree  $q$  by  $H_q (\widetilde{W}_q, \widetilde{W}_{q-1})$  with differential

$$H_q (\widetilde{W}_q, \widetilde{W}_{q-1}) \xrightarrow{\partial_q} H_{q-1} (\widetilde{W}_{q-1}) \xrightarrow{i_*} H_{q-1} (\widetilde{W}_{q-1}, \widetilde{W}_{q-2})$$

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The homotopy equivalence  $f$  induces an isomorphism of  $\mathbb{Z}\pi$ -chain complexes  $C_* (\widetilde{W}, \partial_0 \widetilde{W}) \cong C_* (\widetilde{X}, \partial_0 \widetilde{W})$ .

# Handlebody chain complex

## Remark

- $C_* \left( \widetilde{W}, \widetilde{\partial_0 W} \right)$  has a  $\mathbb{Z}\pi$ -basis defined in a complete analogous way to CW-complex.
- If  $W$  doesn't have handle of index 0 or 1 we can describe the handlebody  $\mathbb{Z}\pi$ -chain complex in terms of homotopy groups by  $\pi_q \left( \widetilde{W}_q, \widetilde{W}_{q-1} \right) \cong H_q \left( \widetilde{W}_q, \widetilde{W}_{q-1} \right)$ .

# Reducing the Handlebody Decomposition

## Lemma

Let  $W$  be a compact manifold of dimension  $n \geq 6$  with boundary  $\partial W = \partial_0 W \sqcup \partial_1 W$ . Then the following are equivalent:

- 1 The inclusion  $\partial_0 W \rightarrow W$  is 1-connected,
- 2 We have

$$W = \partial_0 W \times [0, 1] + \sum_{i=1}^{p_2} (\phi_i^2) + \sum_{i=1}^{p_3} (\phi_i^3) + \cdots + \sum_{i=1}^{p_n} (\phi_i^n)$$



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## Proof.

2)  $\Rightarrow$  1) Follows since  $W_1 \rightarrow W$  is 1-connected and  $\partial_0 W \rightarrow W_0 = W_1$  is a homotopy equivalence.  $\square$

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Proof.

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- By the Cancellation Lemma,  $(\phi_{i_1}^1)$  cancels  $(\phi_{i_0}^0)$ .

□

## Proof.

Next we cancel 1-handles via Elimination Lemma. Let  $(\phi_1^1)$  be a 1-handle. We need to construct an embedding  $\psi^2: S^1 \times D^{n-2} \rightarrow \partial_1^0 W_1$  satisfying the required conditions:

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- Since  $\dim S^1 + \dim \psi_0^2(S^1) < \dim \partial_1 W_1$ , one can isotope the embeddings  $\phi_i^2: S^1 \times D^{n-2} \rightarrow \partial_1 W_1$  of the 2-handles such that they don't meet  $\psi_0^2(S^1)$ . Hence  $\psi_0^2$  lies in  $\partial_1^0 W_1$



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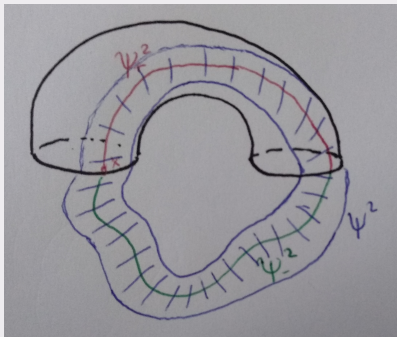
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- Then the normal bundle of  $h$  is trivial, hence also for  $\psi_0^2$
- Thus  $\psi_0^2$  extends to an embedding  $\psi^2: S^1 \times D^{n-1} \rightarrow \partial_1^0 W_1$ . This satisfies the required conditions by construction



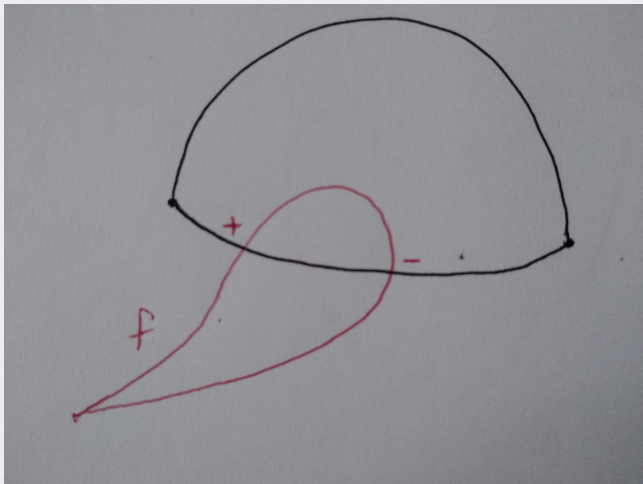
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We really require  $n \geq 6$  to approximate  $h$  by an embedding.

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## Motivation





# References

- ① Surgery Theory: Foundations by Crowley, Lück and Macko.
- ② Differential Topology by Hirsch.